



December 2012

Greetings Gentlemen,

On behalf of the Matt Talbot 19 Retreat Committee it is our privilege to announce the details for the 2012 Winter retreat. Jack Henson and "Bayou Bryan" Herbert are honored to be facilitating the retreat scheduled for February 24, 25 and 26th. We would also like to thank the other members of the Retreat committee, Jim Sanders and Mark Devlin for their work on this retreat. The format changes that were introduced at other retreats were well received by both at Malvern Retreat House and our membership. Other changes will be added with the best kept, including the ice cream social. If this is your first retreat with us or, in some time, you can be assured that we will give you a great opportunity to indulge your spirituality and expand your fellowship in Matt Talbot Retreat Movement.

Again, our retreat will be at St. Joseph's-in-the-Hills, a full service, world-renowned retreat facility situated on 125 woodland acres in Malvern PA. The Malvern Retreat House (celebrating its 100th year anniversary this year) has served millions of people over the years. This will give you a wonderful time to refresh your spirit and renew your friendships. Come away for the weekend! Relax and refresh yourself in the blessings of a Matt Talbot retreat experience, away from the noise and stress of today's world.

MARK YOUR CALENDARS FOR THE WEEKEND OF February 24th, 25th and 26th

We will be sharing this weekend with the PECO group as we have in the past. Our housing arrangements will include Corrigan Hall, St. Joseph's Hall, and the friendly atmosphere of St. Joseph's Library. Our meeting areas will be in the St. Joseph's Chapel and Upper Mc Shane Hall, with others to be announced. With the new retreat format, (a prayer labyrinth will also be added this year) we hope you will continue to find many opportunities to develop deeper spirituality and branch out from the weekend's theme. We will offer these new options during the course of the retreat weekend for those who wish to participate.

- ▶ Use the quiet beauty of nature to slow down, take stock, or just get away!
- ▶ Take the opportunity to get in touch with a Higher Power, or renew that connection!
- ▶ Show that newcomer what fellowship can offer them and get some for yourself!

You will be pleased to know that this year's Winter Retreat Master will be Rev. Henry Schreitmuller. Rev. Henry has been a friend of Bill's for over 20 years and a Priest for over 50 years. He resides in St. Leo's parish in Elmwood Park, NJ. He is a licensed psychologist and counselor and has been, for the past 5 years, leading Matt Talbot retreats.

Additionally we are fortunate to have Sister Anita Constance, the former Director of the Xavier Retreat and Conference center and author, along with her experience with liturgy, spiritual direction, bereavement support and pastoral counseling, to share with us actual methods to increase our prayer life. Forgiveness, Prayer and Spirituality will be the theme of the retreat with practical exercises in these areas included.

If you have not attended a Matt 19 Retreat in a while, this Winter retreat may be a perfect time to reconnect with both the fellowship and yourself. Put these dates on your calendar now. When you receive your registration form, please do not let it just sit around! For those of you who wish to register early you can do so through our website. Please go to our website, www.matttalbotgroup19.org and download the registration form or pick one up at a meeting, and fill it out and send it back.

Please remember, the purpose of Matt 19 is to promote, among alcoholics, the Laymen's Retreat Movement and to assist recovering alcoholics in their spiritual rehabilitation under the name of Matt Talbot Retreat Group 19 of South Jersey Inc. We promote the same good works as our patron, Matt Talbot.

We also provide financial assistance to worthy alcoholics with the purpose of defraying incidental expenses in connection with making our retreat. We are looking forward to having you share this unique experience with us and to help generate involvement by sponsoring an individual who may be less fortunate and provide a way for him to attend. For further information about sponsorship, please contact any member of the Executive Board and make arrangements to attend our next monthly business meeting with the person you are recommending for possible financial assistance for the retreat. The meeting is the second Wednesday of January, the 11th, at 7:30 PM, located at Holy Communion Lutheran Church, Rt. 73, Berlin, NJ.

Once again, for those of you who wish to register, you can download the registration form at www.matttalbotgroup19.org and send it into the address indicated. Registration fee: \$180.00 per person, plus \$10.00 per year membership renewal. Please see any Matt 19 member or contact Chairman, Jack Henson or Bryan Herbert, Treasurer.

For additional information contact Jack Henson 610-721-2820 or jackhenson59@gmail.com or contact Bryan Herbert 856-952-178, email bayoubryanmatt19@aol.com,

Yours in the Fellowship / Matt 19

Jack H.

Jack Henson– Retreat Chairman
Retreat Committee Members
Jim Sanders & Mark Devlin

"Bayou" Bryan

Bryan Herbert– Retreat Treasurer