

Take A Leap Of Faith

Friday, Saturday & Sunday
February 27th, 28th and 29th, 2004



The Malvern Retreat House
St. Joseph's-In-The-Hills,
Malvern, PA
(see <http://st-joseph-in-the-hills.org>)

77th Annual Men's Winter

Rest, Relax, Re-charge and Renew

If the Holiday's were hectic, if the New Year doesn't seem so special, and if the winter feels especially long and dreary, then maybe, just maybe you need to re-charge your spiritual battery.

Our Matt 19 retreats are always a great place to rest, relax, re-charge and renew your spirit. Come and enjoy the quiet and natural beauty of Malvern while fellowshiping with your Matt 19 brothers.

Keep in mind that space is limited to 75 retreatants. Our Fall retreat booked-up weeks in advance – **so register early!**



REGISTRATION

Cost: \$155.00 per person includes individual (private) room, all meals and access to all retreat activities and seminars. Please return this application with a minimum **deposit of \$77.50 no later than February 6, 2004** to reserve your space. **Space is limited!**

Name

Address

City State Zip Email

Phone

(Please Check All That Apply To You)

- I need Handicap accessible
- I need a ride
- I am willing to give a ride
- I am a new retreatant
- I am already a Matt member. My number is: _____

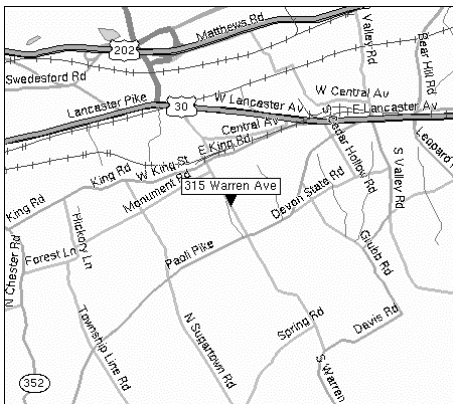
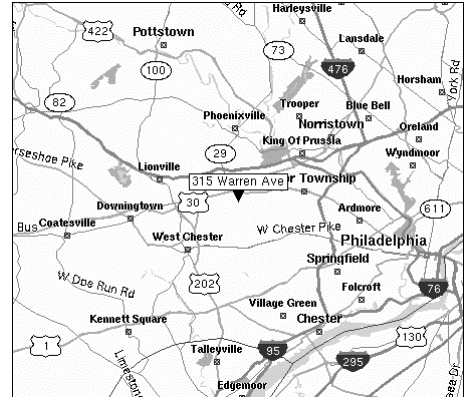
Please make check or money order payable to **Matt Talbot Group 19** and mail to the retreat treasurer:

Mark Reavy
PO Box 32
MT. EPHRAIM, NJ 08059



Driving Directions:

FROM PHILADELPHIA AND POINTS EAST, NORTH AND WEST follow the **PA Turnpike to Valley Forge Exit**, or the Schuylkill Expressway to the **Route 202 South Exit**. Proceed south on **Route 202** to the **Paoli Exit – Route 252**. Proceed on 252 south to Route **30 West**. Go West onto Route 30 for **4 stoplights** to **Paoli Pike** (Matthews Ford). **Bear left** onto Paoli Pike and proceed for **3 stoplights**. (Malvern Retreat signs will direct you.) Turn **right** at the 3rd stoplight. This is Warren Avenue. Follow **Warren Avenue** until you see the sign: **St. Joseph’s in the Hills**.



FROM THE PHILADELPHIA INTERNATIONAL AIRPORT Take **I95 South** to **THE BLUE ROUTE “Route 476N”** to **76 West** (Schuylkill Expressway) and the Expressway to the **Route 202 South Exit**. Proceed south on **Route 202** to the **Paoli Exit – Route 252**. Proceed on 252 south to Route **30 West**. Go West onto Route 30 for **4 stoplights** to **Paoli Pike**. **Bear left** onto Paoli Pike and proceed for **3 stoplights**. (Malvern Retreat signs will direct you.) Turn **right** at the 3rd stoplight. This is Warren Avenue. Follow **Warren Avenue** until you see the sign: **St. Joseph’s in the Hills**.

FROM WILMINGTON, SOUTH JERSEY, AND POINTS SOUTH follow **Route 202 North** and proceed to the **Paoli Pike East Exit**. Follow Paoli Pike until you come to the sign: **Malvern Prep**. This is Warren Avenue. **Turn left onto Warren Avenue**; **St. Joseph’s in the Hills Retreat House**

will be a short distance up on the right.

Once on the retreat house grounds, follow the signs to Corrigan Hall to sign in and get your room assignment.

We, Invite You to Join Us

We are members of Matt 19, members of AA like you who seek an additional spiritual boost by joining with other men from the fellowship in weekend retreats, away from “the world”. If you’re not already a member of Matt Talbot, like AA, you are if you say you are – simply join us on retreat one weekend. If you are already a member and haven’t been for a while, just remember that sense of peace and fellowship (and fun!) you experienced last time and bring a new person. Either way, come join us.

That Word “Retreat” Frightens Me

Some, when they are asked to go on retreat, think of it as a very stern time, being on their knees, praying always, not eating and not talking. They may feel that only very religious people go on retreat. Not so. Rather, it is a time to step aside, relax and look at your life.

Those AA members who make retreats come from all walks of life and all professions. They are like you, seeking to strengthen, renew or discover their personal relationship with their higher power.

What Should I Bring On Retreat?

Just a couple changes of comfortable clothes, your favorite coffee mug if you want, and any AA books or meditations you’d like to spend time with. Some of us like to bring an extra pillow. You will have a private room; towels and soap will be provided. (You’re responsible for your own toothbrush and personal care items.) Other than that, pretty much everything is taken care of. Good food and good fellowship are waiting for you.

“Many A.A.'s go in for annual or semiannual housecleaning's. Many of us also like the experience of an occasional retreat from the outside world where we can quiet down for an undisturbed day or so of self-overhaul and meditation.” (The Big Book of AA)